

RSE Spring Term Content

RSE Theme	Y7	Y8	Y9	Y10	Y11
Intimate & Sexual Relationships including Sexual Health + Being Safe	All aspects of health can be affected by choices they make in sex and relationships, positively or negatively	Characteristics of positive aspects of healthy one-to-one relationships	Concepts of law relating to sexual consent and when consent can be withdrawn.	Exploitation and abuse in relationships - grooming	Understanding the impact of pornography
Intimate & Sexual Relationships including Sexual Health + Being Safe	Facts about reproductive health, including fertility and the impact of lifestyle on fertility for men and women and menopause	All aspects of health can be affected by choices they make in sex and relationships positively and negatively	The concepts of, and laws relating to, rape and domestic abuse and how these can affect current and future relationships.	Some types of behaviour within relationships are criminal , including violent behaviour and domestic abuse	Equality Act: Protected Characteristics - what are they and how do they affect you?
Intimate & Sexual Relationships including Sexual Health + Being Safe	Have a choice to delay sex or to enjoy intimacy without sex, facts about the full range of contraception choices and options available.	How STIs and infections are transmitted, how risk can be reduced through safer sex, facts about testing and where to seek help/support and confidential advice.	What is a healthy relationship, what is sexual harassment, when is the best time, safe sex, sexual health and different types of contraception's.	What is a healthy relationship, what is sexual harassment, when is the best time, safe sex, sexual health and different types of contraception's.	The concepts of, and laws relating to, sexual consent and sexual exploitation and upskirting and how these can affect current and future relationships
Intimate & Sexual Relationships including Sexual Health + Being Safe	Facts about pregnancy including miscarriage	Have a choice to delay sex or to enjoy intimacy without sex, facts about the full range of contraception choices and options available.	How STIs and infections are transmitted, how risk can be reduced through safer sex, facts about testing and where to seek help/support and confidential advice.	Choices in relation to pregnancy, impartial information on all options.	The concepts of, and laws relating to, rape and domestic abuse and how these can affect current and future relationships.
Intimate & Sexual Relationships including Sexual Health + Being Safe	That there are a range of choices in relation to pregnancy.	Facts about contraception choices and options.	How the use of alcohol can lead to risky sexual behaviour	The concepts of, and laws relating to, rape and domestic abuse and how these can affect current and future relationships.	The concepts of, and laws relating to, grooming, coercion and how these can affect current and future relationships.

