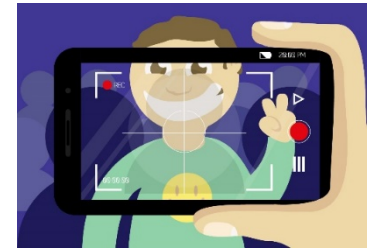


# VIRTUAL SPORTS DAY GUIDANCE

@TuptonHallPE  
#THSSportsDay2020

1. Check your school emails and Class Charts each day!
2. To submit your scores **using your phone...** click on the link via your Class Charts PE lesson or via the PowerPoint slide for that day (easiest way)
3. **On your home computer** you need to use Google Chrome, as your browser, view PowerPoint in **full screen/slideshow view** and press **'CLICK HERE'** on the slide for that day. (You may be asked to log-in using your school email address and password)
4. When you have completed the FORM then **press 'Submit'**
5. There is also an option to upload a photo of you taking part **PLEASE DO!!!!**
6. If you have any issues please email your **PE Teacher/Form Tutor**

*Good luck and thanks for getting involved!*



Who will be crowned our first ever Virtual Sports Day champions?

# VIRTUAL SPORTS DAY EVENTS | 22 – 26 JUNE

@TuptonHallPE  
#THSSportsDay2020

## Event Schedule

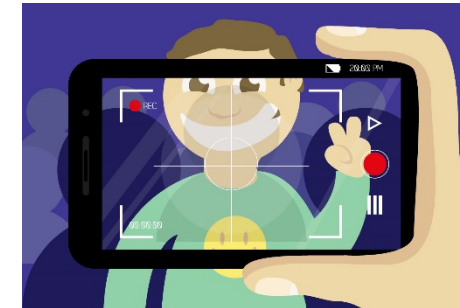
**Day 1 Monday 22nd:** 'John O'Groats to Lands End'

**Day 2 Tuesday 23rd-** 'Decathlon Events 1-5'

**Day 3 Wednesday 24th:** 'Decathlon Events 6-10'

**Day 4 Thursday 25th:** 'Climb Mount Everest Speed Bounce'

**Day 5 Friday 26th:** 'Get Caught Doing Something Sporty'



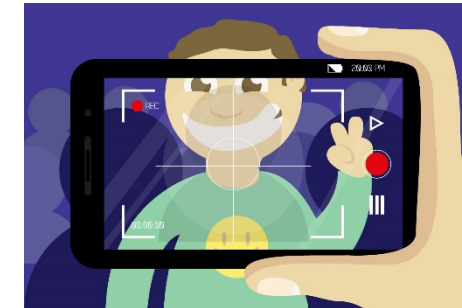
Who will be crowned our first ever Virtual Sports Day champions?

## Day 1

### Monday 22nd June 2020

### Sprint/ Marathon

### John O'Groats to Lands End



Who will be crowned our first ever Virtual Sports Day champions?

# Day 1 John O'Groats to Lands End – Virtual Sports Day Challenge

## #THSSportsDay2020

[CLICK HERE](#) to submit your score.

**Distance 1408km**

**Race starts 12am**

**Race Finish 11.59pm**

**Race 1** Sprint race e.g. first House to reach Lands End

**Race 2** Marathon: How far can your House travel in the time (24 hours June 22<sup>nd</sup>)

**How do I #GetInvolved ?**

- On your bike, walking, jogging or trotting on your horse, you decide! You have all day - but remember the 2 races: sprint and marathon.
- Then submit your name, house, distance covered and an image of your phone / Fitbit / watch showing the Kilometres please!!!!

