



# COVID-19 FLOW CHART

## STUDENTS



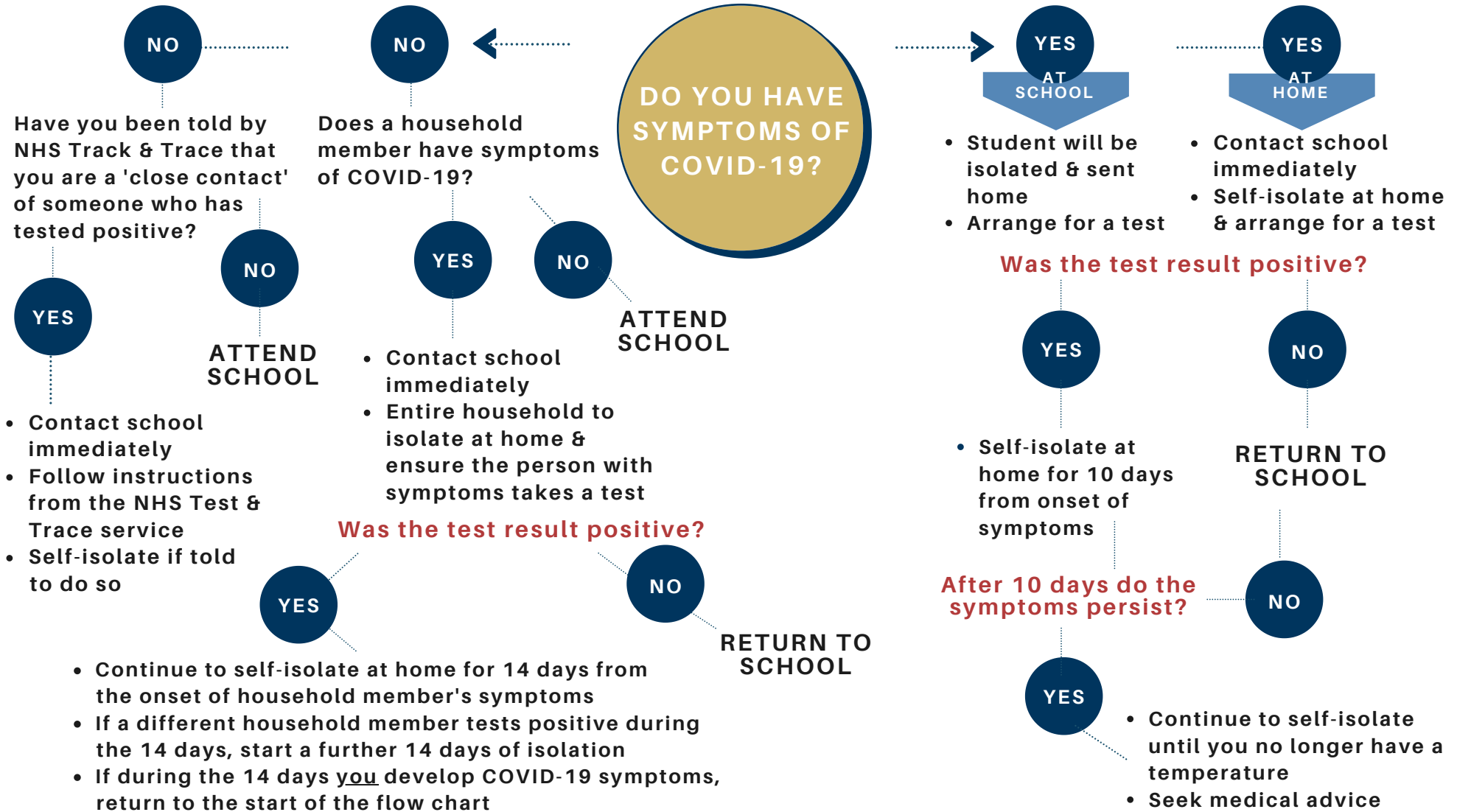
07860 055921 | text number (to report absence)  
01246 863127 | school switchboard



enquiries@tuptonhall.org.uk



www.tuptonhall.org.uk/covid19





# COVID-19 FLOW CHART DEFINITIONS

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If in doubt seek medical advice or visit: [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)

## 'SYMPTOMS'

The most common symptoms of COVID-19 are:

- a high temperature (a fever above 37.8C)
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

If you have any of these symptoms, get a test by calling 119 or visit [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) Stay at home until you have the test results.

## 'ISOLATING'

'Isolating if someone has symptoms' means all household members must remain at home. Do not go outside your home for any reason i.e. to work, school, or public areas, and do not use public transport or taxis.

You may be told to isolate by NHS Test and Trace because you have been in close contact with someone who has tested positive. It is really important to do this even if you don't feel unwell because, if you have been infected, you could become infectious to others at any point up to 14 days.

## 'TEST & TRACE'

You will be contacted by NHS Test and Trace if you test positive for COVID-19. You will be asked where you have been recently and who

you have been in close contact with. This will help the NHS contact anyone who may have caught the virus from you. You may also be contacted because you have been in contact with a person who has COVID-19.

## 'CONTACT SCHOOL'

To contact school about an absence please text the number above. When reporting an absence you must state whether your child is ill or isolating. You must also state whether they have COVID-19 symptoms.

## 'CLOSE CONTACT'

If you have had close recent contact with someone who has coronavirus, you must self-isolate if the NHS Test and Trace service advises you to do so.

'Contacts' can be:

- people who spend significant time in the same household
- a person who has had face-to-face contact (within one metre) with someone who has tested positive. Including: being coughed on, having a face-to-face conversation within one metre, having skin-to-skin physical contact, or contact within one metre for one minute or longer without face-to-face contact
- a person who has been within 2 metres of someone who has tested positive for more than 15 minutes
- a person who has travelled in a small vehicle with someone who has tested positive - or in a large vehicle or plane near someone who has tested positive